



At Music Together, we believe that music is valuable for its own sake, and we know that music-making naturally supports young children's development. Singing and dancing together deepens family bonds and enhances learning—plus, it's fun for everyone!



Making Music at Home!



TAMBOURINE Song Collection

Merry-Go-Round

Did you know?

When children run, ride a bike, play on a jungle gym, or throw a ball, they need movement skills such as *coordination*, *balance*, and *body control*. Since music and movement go so well together, songs can be a great way for children to practice these skills.

The waltz-like rhythm of “Merry-Go-Round” provides a rich opportunity for your child to move in fun and interesting ways that challenge his coordination, balance, and body control.

Try these activities with your child:

Move to the music! You and your child can use a variety of circling and swaying motions to the waltz rhythm of this song. For example:

- Circle one hand, then the other.
- Circle both hands in one direction, then in the other direction.
- Swing your arms from side to side.
- Turn in a circle in place, first one way, then the other.

For an extra challenge, during the “dizzy-go-round” verse, try making your movements bigger, circling with raised hands and using your torso. It's ok if you get a little dizzy—just have fun and be creative!

If you have an infant, circle around with him in your arms, swing him from side to side, and lift him up and down as you move to the beat of this song.

For more ideas, visit www.musictogether.com/familymusiczone, a special section of the Music Together website just for families.
